



Shopping List

- 1 medium-size bottle of shampoo (12-18 oz.)
- 2 bars of soap (bath-size or larger)
- 1 medium toothpaste (4.0-6.4 oz.)
- 3 toothbrushes
- 1 box of Band-Aids (30 or more)
- 1 fingernail clipper
- 1 sturdy hair comb
- 2 hand towels
- 4 pocket-size packages of facial tissue
- 1 Beanie Baby-size stuffed toy

Each Crisis Care Kit (CCK) should contain **only** the items/quantities listed.

Place all items into a 2-gallon zip-lock bag.



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